LET'S BEAT DAY ZERO
WITH 50l OR LESS PER DAY

YOUR GUIDE TO 50l

DISH WASHING
1 sink wash a day or
1 economy load (29l) every 3 days = 9l/day.

SINK WASH
1 sink wash a day or
1 economy load (29l) every 3 days = 9l/day.

SHOWER
Stop-start (with hair wash).
No hair wash = 5l
Sponge bath = 3l

DRINKING
Water, tea, coffee.

COOKING
Food prep and cooking.

PETS
Small to medium sized pets.

Teeth and hands
Wash hands with waterless sanitiser = 0l

HOUSE CLEANING
Clean every 2nd day.
Use waterless products = 0l

LAUNDRY
1 machine load (70l) per week = 10l/day
1 handwash basin = 9l

FLUSHES
One flush.
Use greywater = 0l
If it’s yellow, let it mellow.

This is a guide for 50l per person per day. Your actual usage will depend on your appliances and personal preferences.

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