

BARDALE MULTI-PURPOSE CENTRE

Parliament Avenue, Bardale, Mfuleni

RECREATION HUB PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Seniors 09:00 - 11:00	Seniors 09:00 - 11:00	Seniors 09:00 - 11:00	Seniors 09:00 - 11:00	Seniors 09:00 - 11:00
Muscle Evolution Gym 10:00 - 12:00	Muscle Evolution Gym 10:00 - 12:00	Muscle Evolution Gym 10:00 - 12:00	Muscle Evolution Gym 10:00 - 12:00	Muscle Evolution Gym 10:00 - 12:00
Come and Play 12:00 - 14:00	Come and Play 12:00 - 14:00	Come and Play 12:00 - 14:00	Come and Play 12:00 - 14:00	Come and Play 12:00 - 14:00
After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30
Basketball / Netball 15:00 - 16:00	Basketball / Netball 15:00 - 16:00	Basketball / Netball 15:00 - 16:00	Basketball / Netball 15:00 - 16:00	Basketball / Netball 15:00 - 16:00

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.