

EERSTERIVER MULTI-PURPOSE CENTRE

Cnr Bobsway and Beverley Street, Eersteriver

RECREATION HUB PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
Fitness - Aerobics 09:00 - 10:00	Fitness- Aerobics 09:00 - 11:00	Fitness- Aerobics 09:00 - 11:00	Fitness- Aerobics/ECD 09:00 - 11:00	Parks Programme 13:00 - 15:00	Hip-Hop Dance 14:00 - 15:00
Seniors Programme 10:00 - 13:00	Afterschool Programme 14:00 - 17:00	Afterschool Programme 14:00 - 17:00	Afterschool Programme 14:00 - 17:00		Boxing 15:00 - 16:00
Afterschool Programme 14:00 - 17:00	Boxing practice 17:00 - 19:00	Fitness- Aerobics 17:00 - 18:00	Fitness- Yoga 17:30 - 18:30		Volley 16:00 - 17:00
Fitness - Aerobics 17:00 - 18:00	Volley Ball 19:00 - 20:00	Ballroom Dance 18:00 - 22:00	4 aside soccer R.C.League 20:00 - 22:00		4 aside soccer R.C.League 17:00 - 18:00
Ballroom Dance 18:00 - 22:00	4 aside soccer R.C.League 20:00 - 22:00				

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.