BEACON VALLEY COMMUNITY CENTRE Corner Trampolene and Alpine Street, Mitchells Plain

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Thaibo for Ladies 09:00 - 10:00	Thaibo for Ladies, Arisen Women 09:00 - 10:00	Thaibo for Ladies 09:00 - 10:00	Thaibo for Ladies 09:00 - 10:00
After-school Programme 14:00 - 19:30	Life-skill school 09:00 - 12:00	After-school Programme 14:00 - 19:30	After-school Programme 14:00 - 19:30
Judo 18:30 - 20:30	After-school Programme 14:00 - 19:30	Judo 18:30 - 20:30	
	Karate 18:00 - 19:30		

COME AND JOIN IN ON THE FUN, AT A RECREATION HUB NEAR YOU!



FRIDAY Thaibo for Ladies 09:00 - 10:00



CITY OF CAPE TOWN ISIXEKO SASEKAPA STAD KAAPSTAD

Making progress possible. Together.