

CATHKIN COMMUNITY CENTRE

41 Jonkershoek, Heideveld

RECREATION HUB PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Seniors arts and crafts 09:00 - 12:00	Keep fit classes - Taebo 09:00 - 12:00	Walking club 09:00 - 12:00	Keep fit classes - Taebo 09:00 - 12:00	Healthy Minds Wellness Programme 09:00 - 12:00	Towwda Dance Company 08:00 - 12:00
Walking club 10:00 - 12:00	Seniors Programme 10:00 - 12:00	Afterschool School recreational programmes 13:30 - 16:00	Seniors arts and crafts 10:00 - 12:00	Afterschool School recreational programmes 13:30 - 16:00	
Afterschool School recreational programmes 13:30 - 16:00	Afterschool School recreational programmes 13:30 - 16:00	Outdoor soccer workshops 16:00 - 17:00	Afterschool School recreational programmes 13:30 - 16:00	Basketball training/ scrimmages 16:00 - 17:00	
Performing Arts 16:00 - 17:00	Heideveld school of dance 18:00 - 20:00	Drama And Dancing 18:00 - 20:00	Youth Leadership programme 16:00 - 17:00	Heideveld school of dance 18:00 - 20:00	
Drama And Dancing 18:00 - 20:00		Towwda Dance Company 20:00 - 21:00			
Towwda Dance Company 20:00 - 21:00					

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.