

EASTRIDGE COMMUNITY CENTRE

4 Siegfried Street, Eastridge, Mitchells Plain

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Disabled Group/ Gymnastics 10:00 - 12:00	Disabled Group/ Gymnastics 10:00 - 12:00	Disabled Group/ Gymnastics 10:00 - 12:00	Disabled Group/ Gymnastics 10:00 - 12:00	Disabled Group/ Gymnastics 10:00 - 12:00
Arts & Crafts/Taebo 12:00 - 14:00	Arts & Crafts/Taebo 12:00 - 14:00	Arts & Crafts/Taebo 12:00 - 14:00	Arts & Crafts/Taebo 12:00 - 14:00	Arts & Crafts/Taebo 12:00 - 14:00
After-school Programme 14:00 - 17:00	After-school Programme 14:00 - 17:00	After-school Programme 14:00 - 17:00	After-school Programme 14:00 - 17:00	After-school Programme 14:00 - 17:00
Elshadai Feeding Scheme 15:00 - 16:30	Elshadai Feeding Scheme 15:00 - 16:30	Elshadai Feeding Scheme 15:00 - 16:30	Elshadai Feeding Scheme 15:00 - 16:30	Elshadai Feeding Scheme 15:00 - 16:30
Karate 18:00 - 21:00	Karate 18:00 - 21:00	Karate 18:00 - 21:00	Karate 18:00 - 21:00	Karate 18:00 - 21:00

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.