

LOTUS RIVER SPORT AND RECREATION CENTRE

Cnr 5th Avenue and Buck Road, Lotus River

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Wellness 08:30 - 09:30	Morning Wellness 08:30 - 09:30	Morning Wellness 08:30 - 09:30	Morning Wellness 08:30 - 09:30	Morning Wellness 08:30 - 09:30
Open play 14:00 - 15:30	Life-skills -spades 10:00 - 11:00	Life-skills -spades 10:00 - 11:00	Seniors 10:00 - 12:30	Open play 14:00 - 15:30
	Open play 14:00 - 15:30	Open play 14:00 - 15:30	Open play 14:00 - 15:30	
	Gymnastics 16:00 - 17:00	Wrestling 18:00 - 19:00	Gymnastics 16:00 - 17:00	
	Drama rehearsal 18:30 - 20:30	Drama rehearsal 18:30 - 19:30	Drama rehearsal 18:30 - 20:30	
		Remote control cars 20:00 - 21:00		

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.