

MONWABISI RECREATION CENTRE

Cnr Brinton and Mendi Ave, Langa

RECREATION - HUB - PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Seniors Programme 11:00 - 13:00	Early Childhood Development Programme 10:00 - 12:00	Early Childhood Development Programme 10:00 - 12:00	Early Childhood Development Programme 10:00 - 12:00	After-school Programmes 14:00 - 18:00
After-school Programmes 14:00 - 18:00	After-school Programmes 14:00 - 18:00	Seniors Programme 11:00 - 13:00	After-school Programmes 14:00 - 18:00	Boxing 15:30 - 17:30
Boxing 15:30 - 17:30	Boxing 15:30 - 17:30	After-school Programmes 14:00 - 18:00	Boxing 15:30 - 17:30	
Karate 17:30 - 19:30	Karate 17:30 - 19:30	Boxing 15:30 - 17:30	Karate 17:30 - 19:30	
Aerobics 18:00 - 20:00	Aerobics 18:00 - 20:00	Karate 17:30 - 19:30	Aerobics 18:00 - 20:00	
		Aerobics 18:00 - 20:00		

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.