

NOMZAMO CENTRE

Michael Street, Nomzamo

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fitness Club 09:00 - 11:00	Fitness Club 09:00 - 11:00	Fitness Club 09:00 - 11:00	Fitness Club 09:00 - 11:00	Fitness Club 09:00 - 11:00
Field and Board Games 12:00 - 14:00	Field and Board Games 12:00 - 14:00	Field and Board Games 12:00 - 14:00	Field and Board Games 12:00 - 14:00	Field and Board Games 12:00 - 14:00
After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30	After School Programmes 14:00 - 16:30
Hip Hop Dancing 15:00 - 16:00	Hip Hop Dancing 15:00 - 16:00	Hip Hop Dancing 15:00 - 16:00	Hip Hop Dancing 15:00 - 16:00	Hip Hop Dancing 15:00 - 16:00

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.