

OCEANVIEW MULTI-PURPOSE CENTRE

Milky Way, Ocean View

RECREATION HUB PROGRAMMES

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|-------------------------------------|
| Healthy Minds and Wellness Programme 09:00 - 12:00 | Healthy Minds and Wellness Programme 09:00 - 12:00 | Healthy Minds and Wellness Programme 09:00 - 12:00 | Healthy Minds and Wellness Programme 09:00 - 12:00 | Healthy Minds and Wellness Programme 09:00 - 12:00 | Dancing rehearsals 15:00 - 17:00 |
| Homework & Reading Programme 13:30 - 16:00 | Seniors Programme 10:00 - 13:00 | Homework & Reading Programme 13:30 - 16:00 | Seniors Programme 10:00 - 13:00 | After-school Programme 13:30 - 16:00 | |
| Volleyball 15:00 - 17:00 | After-school Programme 13:30 - 16:00 | Volleyball 15:00 - 17:00 | After-school Programme 13:30 - 16:00 | Youth Programme 18:00 - 19:00 | |
| Badminton 17:00 - 19:00 | Badminton 17:00 - 19:00 | Women's Wellness 18:00 - 19:00 | Badminton 17:00 - 19:00 | | |
| Darts 19:30 - 23:30 | Volleyball 19:00 - 23:30 | Basketball 19:30 - 21:00 | Men's Wellness 18:00 - 19:00 | | |
| | | | Darts 19:30 - 23:30 | | |

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.