

RAVENSMEAD MULTI-PURPOSE CENTRE

Florida Street, Ravensmead

RECREATION HUB PROGRAMMES

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|--|--|---------------------------------------|
| Club 60's Line dancing 10:00 - 11:00 | Aerobics/Gym 10:00 - 11:00 | Club 60's Line dancing 10:00 - 11:00 | Aerobics /Gym 10:00 - 11:00 | Aerobics /Gym 10:00 - 11:00 | Table Tennis Youth De- velopment Programme 08:30 - 12:00 | Fun Games: All Codes 12:00 - 18:00 |
| Early Childhood Development Programme Club 60 - Learn To Swim 11:00 - 13:00 | Early Childhood Development Programme 11:00 - 13:00 | Early Childhood Development Programme Club 60 - Learn To Swim 11:00 - 13:00 | Early Childhood Development Programme Club 60 - Learn To Swim 11:00 - 13:00 | Early Childhood Development Programme Club 60 - Learn To Swim 11:00 - 13:00 | Fun Games: All Codes 12:00 - 18:00 | Dance 14:00 - 16:00 |
| After-school Programme 14:30 - 17:00 | After-school Programme 14:30 - 17:00 | After-school Programme 14:30 - 17:00 | After-school Programme 14:30 - 17:00 | After-school Programme 14:30 - 17:00 | Dance 14:00 - 16:00 | |
| Netball 17:00 - 18:00 | Netball 17:00 - 18:00 | Netball 17:00 - 18:00 | Netball 17:00 - 18:00 | Netball 17:00 - 18:00 | | |
| Basketball, Boxing Programme, Learn To Swim Programme, Lifesaving Programme 17:00 - 20:00 | Basketball, Boxing Programme, Learn To Swim Programme, Lifesaving Programme 17:00 - 20:00 | Basketball, Boxing Programme, Learn To Swim Programme, Lifesaving Programme 17:00 - 20:00 | Basketball, Boxing Programme, Learn To Swim Programme, Lifesaving Programme 17:00 - 20:00 | Basketball, Boxing Programme 17:00 -20:00 | | |
| Health & Fitness 18:00 -19:00 | | Water Aerobics 18:00 -19:00 | Soccer Fitness - Pool 18:00 - 19:00 | | | |
| Table Tennis 18:30 - 22:30 | | Table Tennis 18:30 - 22:30 | Ballroom - Youth 18:00 - 20:00 Ballroom Dancing - Seniors 20:00 - 22:30 | | | |

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



**CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD**

Making progress possible. Together.