

# RUTH FIRST COMMUNITY HALL

Ruth First Road, Phillippi

## RECREATION HUB PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Gym 08:30 - 19:30	Gym 08:30 - 19:30	Gym 08:30 - 19:30	Gym 08:30 - 19:30	Gym 08:30 - 19:30	Gym 10:00 - 14:00
Senior Citizens 09:00 - 10:30	Early Childhood Development Programmes 10:30 - 11:30	Senior Citizens 09:00 - 10:30	Early Childhood Development Programmes 10:30 - 11:30	Senior Citizens 09:00 - 10:30	
Early Childhood Development Programmes 10:30 - 11:30	Recreational/After School Programmes 13:00 - 16:30	Early Childhood Development Programmes 10:30 - 11:30	Recreational/After School Programmes 13:00 - 16:30	Early Childhood Development Programmes 10:30 - 11:30	
Recreational/After School Programmes 13:00 - 16:30	Youth Group Programmes Bead work, dance, drama, marimba & visual art, Netball 16:30 - 18:00	Recreational/After School Programmes 13:00 - 16:30	Youth Group Programmes Bead work, dance, drama, marimba & visual art, Netball 16:30 - 18:00	Recreational/After School Programmes 13:00 - 16:30	
Youth Group Programmes Bead work, dance, drama, marimba & visual art, Netball 16:30 - 18:00	Aerobics 18:00 - 19:30	Youth Group Programmes Bead work, dance, drama, marimba & visual art, Netball 16:30 - 18:00	Aerobics 18:00 - 19:30	Youth Group Programmes Bead work, dance, drama, marimba & visual art, Netball 16:30 - 18:00	
Aerobics 18:00 - 19:30		Aerobics 18:00 - 19:30		Aerobics 18:00 - 19:30	

**COME AND JOIN IN ON THE FUN,  
AT A RECREATION HUB NEAR YOU!**



**CITY OF CAPE TOWN  
ISIXEKO SASEKAPA  
STAD KAAPSTAD**

Making progress possible. Together.