SUMMERGREENS RECREATION CENTRE

Tinkers Road, Summergreens

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Cheshire Homes 10:00 - 12:00	Wellness Classes 08:30 - 09:30	Wellness Classes 08:30 - 09:30	Wellness Classes 08:30 - 09:30
After-school Programmes 15:00 - 17:00	Early Childhood Development Programme 10:00 - 10:30	Early Childhood Development Programme 10:00 - 11:30	Early Childhood Development Programme 10:00 - 11:30
Aerobics Class 18:00 - 19:30	Seniors Programme 11:00 - 14:30	e Afterschool Programmes 15:00 - 17:00	Seniors Programme 11:00 - 14:30
	Afterschool Programmes 15:00 - 17:00		Afterschool Programmes 15:00 - 17:00
			Aerobics Class 18:00 - 19:30

COME AND JOIN IN ON THE FUN, AT A RECREATION HUB NEAR YOU!



FRIDAY Cheshire Homes 10:00 - 12:00

Afterschool Programmes 15:00 - 17:00

Edge Kidz 15:45 - 17:15



CITY OF CAPE TOWN ISIXEKO SASEKAPA STAD KAAPSTAD

Making progress possible. Together.