

THE HAGUE RECREATION CENTRE

Silversands Road, Delft

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Seniors 10:00 - 13:00	Seniors 10:00 - 13:00	After School Programme 14:00 - 16:30	After School Programme 14:00 - 16:30	After School Programme 14:00 - 16:30
After School Programme 14:00 - 16:30	After School Programme 14:00 - 16:30		Aerobics 10:00 - 11:00	
	Aerobics 10:00 - 11:00		Capoeira 15:00 -16:00	
	Capoeira 15:00 -16:00		Dance 16:00 - 18:00	
	Dance 16:00 - 18:00			

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.