

VALHALLA PARK MULTI-PURPOSE CENTRE

Angela Street, Valhalla Park

RECREATION HUB PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Life Orientation/ Athletics Program By Valpark Primary 10:00 - 11:00	Fitness Club Aqua Aerobics (Bonteheuwel Pool) 08:30 - 10:00	Fitness Club Aerobics 08:30 - 10:00	Fitness Club Aqua Aerobics (Bonteheuwel Pool) 08:30 - 10:00	Learning Program 11:00 - 12:00	Valhalla United Football Club (bookings dependant) 10:00 - 11:00
After-school programme 14:00 - 18:00	Early Childhood Development - Program - Crèche 1 10:00 - 11:00	Early Childhood Development - Program - Crèche 2 10:00 - 11:00	Early Childhood Development Programme - Crèche 1 10:00 - 11:00	After-school programme 14:00 - 18:00	Free Play 16:00 - 18:00
	Outdoor activities and Obstacle course games 11:00 - 12:00	Outdoor activities and Obstacle course games 11:00 - 12:00	Learning Program 11:00 - 12:00		
	After-school programme 14:00 - 18:00	After-school programme 14:00 - 18:00	After-school programme 14:00 - 18:00		

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
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Making progress possible. Together.