

REPORT TO: CITY MANAGER

COMMUNITY SERVICES AND HEALTH PORTFOLIO COMMITTEE

#### 1. FILE REFERENCE NUMBER:

#### 2. SUBJECT

FEEDBACK ON THE INTERNATIONAL/OUTSIDE THE BORDERS OF THE RSA TRIP UNDERTAKEN FROM 13 MARCH 2023 TO 18 MARCH 2023 TO ATTEND THE BLOOMBERG VITAL STRATEGIES PARTNERSHIP FOR HEALTHY CITIES SUMMIT IN LONDON, UNITED KINGDOM.

INGXELO ENGASEMVA KOHAMBO KUMAZWE APHESHEYA/ KWIMIDA ENGAPHANDLE KWASEMZANTSI AFRIKA EQHUTYWE UKUSUSELA NGOWE 13 UKUYA KOWE 18 KWEYOKWINDLA 2023 UKUZIMASA EZOBUDLELWANE KWISICWANGCISOBUCHULE ESIPHAPHILEYO KWINKOMFA EJOLISWE KWIZIXEKO EZISEMPILWENI ESELONDON, E UNITED KINGDOM

TERUGVOERING OOR DIE REIS NA DIE BUITELAND / BUITE DIE GRENSE VAN DIE RSA ONDERNEEM VAN 13 MAART 2023 TOT 18 MAART 2023 OM DIE "BLOOMBERG VITAL STRATEGIES PARTNERSHIP FOR HEALTHY CITIES"-BERAAD IN LONDEN, VERENIGDE KONINKRYK BY TE WOON

#### P3291

It is recommended that the feedback report on the trip **PARTNERSHIP FOR HEALTHY CITIES SUMMIT IN LONDON** undertaken by Dr Nkurunziza, Dr Zimba, Ms Bettie Leedo and Dr Berkowitz on 13 March – 18 March 2023 **be considered and noted.** 

Kundululwe ukuba **makuthathelwe ingqalelo kwaye kuqwalaselwe** ingxelo engasemva kohambo ingxelo **ENGEZOBUDLELWANE KWISICWANGCISOBUCHULE ESIPHAPHILEYO KWINKOMFA EJOLISWE KWIZIXEKO EZISEMPILWENI ESELONDON** eqhutywe nguGqr Nkurunziza, uGqr Zimba, uNksz Bettie Leedo noGqr Berkowitz ukususela ngowe13 ukuya ngowe18 kweyoKwindla 2023.

Daar word aanbeveel dat die terugvoeringsverslag oor die reis na die "PARTNERSHIP FOR HEALTHY CITIES"-beraad in Londen onderneem van 13 - 18 Maart 2023 deur dr. Nkurunziza, dr. Zimba, me. Bettie Leedo en dr. Berkowitz oorweeg word en daarvan kennis geneem word.

#### 3. EVENT SUMMARY

| EVENT DETAILS          |  |
|------------------------|--|
| CONFERENCE/SEMINAR     | BLOOMBERG VITAL STRATEGIES PARTNERSHIP FOR HEALTHY CITIES SUMMIT IN LONDON, UNITED KINGDOM |
| OTHER                  |  |
| DATE                   | 13 March 2023 – 18 March 2023  |
| VENUE                  | St Pancras Renaissance Hotel   |
| TOTAL COST TO THE CITY | R30 692  |
| CITY                   | London   |
| COUNTRY                | UNITED KINGDOM   |

| ATTENDEE DETAILS     |   |
|----------------------|---|
| NAME AND SURNAME     | DESIGNATION                             |
| Dr Paul Nkurunziza   | DIRECTOR CITY HEALTH                    |
| Dr Andile Zimba      | MANAGER: AREA NORTH, CITY HEALTH        |
| Ms Bettie Leedo      | PROGRAMME MANAGER: ENVIRONMENTAL HEALTH |
| Dr Natacha Berkowitz | EPIDEMIOLOGIST: CITY HEALTH             |

#### PROVIDE SUMMARY OF HOST ORGANISATION / CITY

The PHC Summit was hosted by Bloomberg Philanthropies and Vital Strategies.

Bloomberg Philanthropies works to ensure better, longer lives for the greatest number of people by focusing on five key areas: the arts, education, the environment, government innovation, and public health. The City of Cape Town is a partner City of the Bloomberg Philanthropies Vital Strategies Partnership for Healthy Cities.

Vital Strategies helps governments strengthen their public health systems to contend with the most important and difficult health challenges. They work in partnership with governments to reimagine evidence-based, locally driven policies and practices to advance public health.

#### 4. OBJECTIVE

The main objective of the summit is to equip technical leads and officials with expertise, skills and strategies to support the successful achievement of the City's non-communicable diseases (NCDs) strategy and/or injury-prevention objectives. This is to be accomplished through knowledge sharing, technical sessions and networking with the over 50 cities attending the summit as part of the Partnership.

#### 5. OUTCOMES

Learning from other Cities:

A number of Cities showcased innovative ideas, policies and bylaws specifically designed to address the socio-economic and commercial determinants of health. Details of these can be found in annexure A.

#### Networking:

The delegation from the City of Cape Town met with other cities in the partnership from across the globe and across income levels. We were able to share successes from Cape Town, as well as learn from other local government colleagues. Dr Berkowitz hosted a discussion together with Dr Vicky Hobart from the Greater London Authority on .creating a network of cities interested in developing health in all policies.

#### Policy Accelerator:

A major achievement from this summit was that the City of Cape Town was awarded a Policy Accelerator Grant (\$75 000). This grant provides monetary and technical support to the City in developing and implementing a policy which will address a key determinant of health within the City. Details of this award can be found in annexure A.

#### 6. ACTIONS REQUIRED

- 1. Follow up networking opportunities created with other cities and share lessons learnt with City Health and other relevant departments.
- 2. Implement Policy Accelerator Grant in collaboration with Policy and Strategy Unit
- 3. Engage with New York City Environmental Health on outcomes based approach
- 4. Foster ongoing relationship with Bloomberg Partnership for Healthy Cities to support the above activities.

#### 7. IMPLICATIONS

| utilize<br>(spe | 7.1 Constitutional and Policy Implications No Yes X The City of Cape Town has been awarded a Policy Accelerator Grant to be utilized to address a policy which has impact on the health of communities (specifically with regards to non-communicable diseases and injuries). The exact policy to be reviewed is still to be decided. |      |       |  |  |
|-----------------|---|------|-------|--|--|
| 7.2             | Environmental implications  | No 🗵 | Yes 🗌 |  |  |
| 7.3             | Financial Implications  | No 🖂 | Yes 🗌 |  |  |
| 7.4             | Legal Implications  | No 🖂 | Yes 🗌 |  |  |
| A co            | Staff Implications  ore team of staff from the City Health and  ved in formulating and implementing the police.   | •    |       |  |  |
| 7.6             | Risk Implications   | No 🖂 | Yes 🗌 |  |  |

#### 7.7 POPIA Compliance

It is confirmed that this report has been checked and considered for POPIA Compliance.

The City has a contract in place with XL Embassy Travel for the safekeeping of Traveller's personal information as required by the POPI Act.

#### 8. **RECOMMENDATIONS**

It is recommended that the feedback report on the trip **PARTNERSHIP FOR HEALTHY CITIES SUMMIT IN LONDON** undertaken by Dr Nkurunziza, Dr Zimba, Ms Bettie Leedo and Dr Berkowitz on 13 March – 18 March 2023 **be considered and noted.** 

#### 9. GENERAL DISCUSSION

Please see annexure A for full description of innovations/lessons learnt and policy instruments shared.

#### 10. ANNEXURES

**Annexure A: Partnership for Healthy Cities Summary.** 

#### FOR FURTHER DETAILS, CONTACT:

| DATE           | 17 April 2023                     |                |            |
|----------------|-----------------------------------|----------------|------------|
| NAME           | Natacha Berkowitz                 | CONTACT NUMBER | 0834066755 |
| E-MAIL ADDRESS | Natacha.berkowitz@capetown.gov.za |                |            |
| DIRECTORATE    | Community services and health     | FILE REF NO    | HS7/4/2/2  |
| SIGNATURE :    |                                   |                |            |
| DIRECTOR       |                                   | Соммент:       |            |
| Dr. Paul Nkuru | nziza<br>                         |                |            |
| SIGNATURE:     |                                   |                |            |
| NAME           |                                   |                |            |
|                |                                   | _              |            |
| DATE           |                                   |                |            |

| EXECUTIVE DIRECTOR  | COMMENT:      |  |
|---|---------------|--|
| Zukiswa Mandlana  |               |  |
| The ED's signature represents support for report content and confirms POPIA compliance. |               |  |
|   |               |  |
| SIGNATURE:  |               |  |
| NAME  |               |  |
| DATE  |               |  |
|   |               |  |
| MANAGER: INTERNATIONAL RELATIONS  | COMMENT:      |  |
|   | Actions noted |  |
| DR. DENVER VAN SCHALKWYK  |               |  |
| SIGNATURE:  |               |  |
| DATE  |               |  |

|                  | REPORT COMPLIANT WITH THE PROVISIONS OF COUNCIL'S DELEGATIONS, POLICIES, BY-LAWS AND ALL LEGISLATION RELATING TO THE MATTER UNDER CONSIDERATION. |
|------------------|--|
| LEGAL COMPLIANCE | ☐ NON-COMPLIANT  |
|                  | COMMENT:   |
| Name             |  |
| TEL              |  |
| DATE             |  |
|                  |  |
| CITY MANAGER     | NOTED  |
|                  | REFER TO THE MAYORAL COMMITTEE VIA THE RELEVANT SECTION 79 COMMITTEE   |
| DATE             | COMMENT:   |
|                  |  |
|                  |  |



**PARTNERSHIP** FOR HEALTH CITIES SUMMIT LONDON 14 -17 MARCH 2023

Annexure A



# Program at the Summit



#### Wednesday, 15 March 2023

Networking Breakfast Lobby 8:00 – 9:15 am

Roundtable Discussions with City Staff 9:30 – 11:30 am

Heard from Partnership for Healthy Cities leaders, fellow practitioners and Professor Kevin Fenton, CBE PrFPH PhD, Regional Director, Officer for Health Improvement and Disparities (London), Regional Director of Public Health, NHS London, Statutory Health Advisor to the Mayor of London, GLA and London Assembly on the topic of community engagement and an important call to action for the Summit

Policy Accelerator Announcement 11:30 – 11:35 am

José Luis Castro, President and CEO, Vital Strategies announced the second cohort of cities who will join the Partnership for Healthy Cities' Policy Accelerator – Cape Town is one of the recipients of 75 000 USD!

#### 1:00 – 3:30 pm Plenary

- Welcome Sadiq Khan, Mayor of London
- Michael R. Bloomberg, Founder, Bloomberg LP and Bloomberg Philanthropies, World Health Organization Global Ambassador for Noncommunicable Diseases, and Injuries
- Fireside Chat: The Public Health Landscape in London In Conversation with Sadiq Khan, Mayor of London and Rosamund Adoo-Kissi-Debrah, CBE, BreatheLife champion, founder and trustee of the Ella Roberta Foundation
  - Moderated by Francine Lacqua, Anchor and Editor at Large, Bloomberg Television. The conversation focussed on the
    public health landscape in the city of London, including the Mayor of London's efforts to improve air quality, his
    program to provide free meals for all primary school children, the case for change and how citizens and government
    can successfully collaborate on these important shared goals.
- Lessons from the Innovation Sector for Mayors and Public Health Leaders
  - James Anderson, Head of Government Innovation Programs at Bloomberg Philanthropies, discussed the important overlap between innovation strategies and the ongoing success of the public health sector
- How Can Cities Handle the Challenges and Opportunities of Commercial Determinants?
  - Anna Gilmore, Professor of Public Health, University of Bath, moderated a conversation with mayors about how they balance the nuances of partnering with the private sector while keeping public health priorities at top of mind. Plenary Closing Remarks
- Video remarks from Dr. Tedros Adhanom Ghebreyesus, Director General, World Health Organization

## **Innovations/Lessons Learnt**

- Use of online technologies for better access to care eg STD testing
- Free Wi-Fi spots which are used for health promotion messaging (30 000 in Mexico)
- Task shifting eg for mental health
- Community based and community-centred approaches to improving Health eg Chronic medication delivered to drug addicts at their abodes instead of relying on them to collect the medication at health facilities

- Need for political engagement/will on policies addressing NCDs eg for tobacco control – statistics are delivered to the City Mayor on tobacco enforcement
- Resolute focus on tackling health inequalities
- Involving the youth in health promotion and prevention campaigns



# **Policy instruments**

- Banning sale of sugar sweetened beverages at schools
- Prohibition of advertising of highly processed fast foods on public transport systems to combat obesity and diabetes.
- Legislating alcohol and tobacco free zones around educational facilities
- Low emission zones (London)
- Focus on implementing Health in All Policies transversal health unit dedicated to this work.



## Addressing the Commercial Determinants of Health

Presentation was done with regard to the commercial determinants of health. This refers to the products and practices of commercial organisations that are increasingly impacting negatively on health and equity e.g

- Non-communicable diseases epidemic
- The Climate emergency
- Widening inequalities

#### What cities can do:

- Regulate the bad:
  - Regulate harmful commercial products and practices e.g: NCD best buys and Carbon marketing bans
  - Use Planning and Licensing, e.g: Smoke free, junk food free public places, reduce density of outlets selling harmful products
  - Introduce "polluter pays' levies, e.g charge companies to clear their waste (cigarette butts, plastics)
- Enable the "Good":
  - Health in all policies: education, transport, planning, food and housing.



#### 16 March

Various site visits from 9:30 am – 12:00 pm

WHO capacity development for Urban Planning – A Zimba & N Berkowitz

A new training is being proposed by WHO Academy to strengthen capacities for urban health in 2024. The modules for the course are: Evidence-based decision making, observation and analysis, principles and approaches to urban health, policies, programmes and innovation, Allocating of resources and integrated policy and practice through partnership. This will be a blended learning course.

Air Sensors in Action at the Science Museum - B Leedo

Learned how innovative air quality sensors in London are being used to protect people's health as part of the Breathe London Initiative and then boarded a bus to tour the Science Museum which has installed an air sensor around the perimeter of the building.

Imperial I-Hub at the Imperial College – P Nkurunziza

How this brings together researchers, start-ups, government and Businesses to develop cuttingedge research into new products and services for health.

Experienced a very innovative system using Artificial intelligence and a number of sensors in the home, to enable early detection of health issues among people living with Dementia.

### Breathe London – The community sensing network



60 active community groups are actively involved in monitoring air quality across London.

These groups help to create cleaner, healthier neighbourhoods and inspiring others to action.

400 active nodes across the City utilising small solar power sensors as a top up feature to the exiting 100 base station air monitoring equipment. (see picture where a sensor has been installed on top of a flag pole outside the British Museum)

The network is a partnership between grassroots communities, academia, local government and industry.

The sensors are generally installed at schools, hospitals, libraries and faith institutions after communities have submitted a motivation as to what they hope to achieve by monitoring their immediate air quality. (E.g. they may want to apply for a no traffic zone in front of their facility)

As the smaller sensors are less accurate than the larger base stations a corrective algorithm can be applied across the network based on data from the statuary monitoring points. The data from the community sensors is not included in the statuary reporting stream which is managed from the Imperial College.

Education and quarterly reports are provided to communities that enter the program.

More information can be obtained at breathelondon.org



# Policy Accelorator Award



# **Policy Accelerator**

Over the course of six months The City of Cape Town will access intensive technical assistance on policy development and advocacy through curriculum-based engagement and collaborative learning and exchange. The Policy Accelerator will engage and guide city government participants through the following steps in the policy process:







**Problem Characterization** 



**Understanding legal authority** 



Defining the policy solution



# Way forward:

- Alcohol/Tobacco/Healthy food final choice will be made in conjunction with core team and Vital Strategies based on feasibility and impact on public health
- Core team Dr Berkowitz, Ms Leedo, Ms Sinclair, Mr Ferreirra, Ms Hariparsad
- Expectation of a policy brief and policy document within a year – Implementable Policy, Bylaw or SOP that affects change in health policy

