



## Recreation and Parks Department

### How our partnerships work

The Recreation and Parks Department partners with a number of associated organisations to provide recreational opportunities and programmes for Cape Town residents.

Our partners assist us with:

- the management of programmes and events;
- improving the quality of life of Capetonians through various activities;
- providing community-centered projects and programmes;
- building understanding between different communities and cultures;
- demonstrating the value of sport in building a positive future;
- providing equal opportunities by developing sport and recreation skills in a non-elitist, fun environment;
- offering children a healthy and positive alternative to an inactive or harmful lifestyle;
- increasing life skills; and
- promoting a healthy lifestyle.

While we are grateful to our partners for their support, it is important that they align with our developmental approach, which is broadly:

- focusing on getting communities active;
- encouraging active recreation;
- promoting informal leagues;
- creating a link with clubs and/or federations;
- facilitating leadership training; and
- promoting ownership and responsibility within communities for sports development.

Our relationship with our sport and recreation partners is underscored by the following principles:

- Relationships should be mutually beneficial
- Outcomes must be in line with our vision
- Programmes must contain sustainable development outcomes
- Must be programme-based
- Include activities leading up to events and post events
- Outcomes must result in people being more sustainably active with a leaning towards physical activities
- Skills transfer and capacity building must be built in
- Outcomes should be measurable and time-bound
- Programmes must include an evaluation and monitoring process
- Leadership development is to be included
- Mentorships should be considered to enhance sustainability