

MAMRE COMMUNITY HALL

Main Road, Mamre

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Seniors/Disabled programme 08:30 - 14:00	Seniors/Disabled programme 08:30 - 14:00	Seniors/Disabled programme 08:30 - 14:00	Seniors/Disabled programme 08:30 - 14:00
Kick Boxing programme 17:30 - 18:30	Fitness programme 17:30 - 18:30	Kick Boxing programme 17:30 - 18:30	Fitness programme 17:30 - 18:30

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.