

SAREPTA SPORT AND RECREATION CENTRE

Mission Road, Kuilsriver

RECREATION-HUB-PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Health & Fitness Programme 09:00 - 10:00 18:00 - 19:00	Health & Fitness Programme 09:00 - 10:00 18:00 - 19:00	Health & Fitness Programme 09:00 - 10:00 18:00 - 19:00	Health & Fitness Programme 09:00 - 10:00 18:00 - 19:00
Metro - Fitness Programme 10:00 - 11:00	Funjain Goju Ryn Karate 19:00 - 20:00	Metro - Fitness Programme 10:00 - 11:00	Funjain Goju Ryn Karate 19:00 - 20:00
After-school Programme 13:30 - 16:30		Table Tennis 19:00 - 20:00	
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**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.