

SWARTKLIP INDOOR CENTRE

Cnr Spine Road and Tafelberg Drive, Mitchells Plain

RECREATION HUB PROGRAMMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAPS Training 09:00 - 11:00	Educare Free Play 09:00 - 10:00	Law Enforcement Training 09:00 - 11:00	Educare Free Play 09:00 - 10:00	Seniors Learn to Swim 09:00 - 11:00
Senior Soccer Boys 09:00 - 12:00	Law Enforcement Training 09:00 - 11:00	Senior Soccer Boys 09:00 - 12:00	Saps Training 09:00 - 11:00	After School Programmes 14:00 - 16:30
After-school Programmes 14:00 - 16:30	Senior Soccer Boys 09:00 - 12:00	After-school Programmes 14:00 - 16:30	Senior Soccer Boys 09:00 - 12:00	
Futsal indoor Soccer 18:30 - 20:30	Seniors/Arts & Crafts Social 10:00 - 11:30	Futsal indoor Soccer 18:30 - 20:30	Seniors/Arts & Crafts Social 10:00 - 11:30	
	After-school Programmes 14:00 - 16:30		After-school Programmes 14:00 - 16:30	
	Ladies keep fit power hour 17:00 - 18:00		Ladies keep fit power hour 17:00 - 18:00	

**COME AND JOIN IN ON THE FUN,
AT A RECREATION HUB NEAR YOU!**



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Making progress possible. Together.